

# SignPost

## STOCKPORT FOR CARERS

Signpost Bulletin - No.3, July 22

## What's new for Signpost?

On the 21st June, Signpost held its first Open Evening at the Heatons Centre. We were so pleased that so many carers, local residents and colleagues came along and loved showing off our beautiful building, and the amazing creativity of our carers. The readings from Carers Kaleidoscope, our Creative Writing group's published anthology, was most definitely a highlight as were Rebecca's guided tours.

We are planning to hold more events like this in the future. Please keep an eye on our social media and website so that you can be the first to know!

### What's on at Signpost over the summer

Canal Boat trips - last spaces remaining!  
Stockport Gin Tour for working carers  
Time for You - a new social get together  
Annie's Cafe - Open to everyone!

Details of dates and how to book can be found on the website or contacting the team on 0161 442 0442.

We look forward to seeing you sometime!



**"Your counselling service was absolutely fantastic. Honestly, you have all been so important to me and made life that little bit easier." MH**

**This is what we're here for.**

**Find out more about the support we offer to Stockport's carers.**

**Visit our website at [www.signpostforcarers.org.uk](http://www.signpostforcarers.org.uk), and find us on all social media channels.**

# Signpost Shortlisted for Stockport Business Award

We are absolutely delighted to share that Signpost Stockport for Carers has been shortlisted in the not-for-profit category at the Stockport Business Awards.

This is really important to us as it raises the profile of carers and caring across a wide audience, opening up what can be a difficult conversation. It is also a wonderful celebration of all the work that the Signpost team do- well done everyone!



**Don't forget...We offer support to those juggling paid work and a caring responsibility. Contact [rebecca@signpostforcarers.org.uk](mailto:rebecca@signpostforcarers.org.uk) for more information.**

## Signpost Out and About

Signpost is committed to supporting all those with an unpaid caring role in Stockport. We know that we can be harder to access or approach for some carers for various reasons, and are keen to learn what we can do better or differently, so please tell us!

Now we can, we're getting out and about more and would love you to come and say hello and let us know what you need from a carer support organisation. We are so excited to have been able to secure a stall at Stockport Pride on **31st July** (that's going to be a busy day!).



We are also going to be starting neighbourhood sessions in partnership with Stockport library service, and would love to work alongside other colleagues in all areas- we're really keen to meet carers right across the borough.

If you have an event or activity going on, that could benefit from some extra carer information please just get in touch.

## New Registration Form now live

Our service is getting busier and busier - we registered 288 new carers in the last 3 months alone! Please help us help others by completing our new form when making a referral. Message [jo@signpostforcarers.org.uk](mailto:jo@signpostforcarers.org.uk) for your copy.

## Contact us

Signpost supports carers regardless of the age or condition of the carer or the cared for. We have a wide range of support and services available, and are always keen to hear from you. Get in touch through social media, call us on 0161 442 0442 or by email - [info@signpostforcarers.org.uk](mailto:info@signpostforcarers.org.uk). You can even post on the bulletin board on our website.