**SPARC’s Counselling/Therapy Referral Form**

**Date ………………….**

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| **PERSONAL DETAILS** | |
| **Full Name:**  **Inc. title** |  |
| **Date of Birth:** |  |
| **Gender:** |  |
| **Full address:** |  |
| **Telephone number/s:** |  |
| **Can we leave a message?** | **YES NO** |
| **Email address:** |  |
| **Preferred contact method: (circle)** | Telephone / text / letter / face to face  Other – please state: |
| **Referred by: (organisation/Self)** |  |
| **Referral Completed by:** |  |

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| **In the last month, have you attempted suicide?** | **YES** |  | **NO** |  |
| If yes, we would not be able to see you at this time. Should you need support please contact your GP, the Access Team: 0161 419 4678, the Samaritans: 116 123. Also, “Man About A Dog” Suicide Prevention Service for those who have attempted or thinking about suicide. Text: 07706 115 471, E:[TheManAboutADog@gmail.com](mailto:TheManAboutADog@gmail.com) W:[manaboutadog.org](http://manaboutadog.org) | | | | |

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| **Do you require information to be presented in a certain way? e.g., large print, coloured paper etc.** | **YES / NO (if yes, please specify)** |
| **Do you need Disabled Access?** | **YES / NO** |
| **May we mention SPARC if we contact you?** | **YES / NO** |

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| **Emergency contacts – Professional: e.g., worker/GP** | | **Personal Contact** |
| **Name:** |  |  |
| **Role:** |  |  |
| **Organisation:** |  |  |
| **Telephone Number/s:** |  |  |
| **Email Address:** |  |  |

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| **Assessment of your therapy needs. e.g., cause of distress, issues, past therapy etc.** |
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| **Any specific information with regards to accessing service? e.g., gender of therapist, risk disclosure, deafness etc. Type of therapy e.g., CBT** |
| (Risk could include: Personal safety, Safety of others, Environmental & Vulnerability) |

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| Ethnicity | |
| White | British ❑ Irish ❑  Other (please state) ❑ |
| Asian/Asian British | Indian ❑ Pakistani ❑  Bangladeshi ❑  Other (please state) ❑ |
| Black/Black British | Caribbean ❑ African ❑  Other (please state) ❑ |
| Other ethnic group | Chinese ❑ Japanese ❑  Vietnamese ❑ Filipino ❑  Other (please state) ❑ |
| Mixed | White/Black Caribbean ❑ White/Asian ❑  White/Black African❑  Other (please state) ❑ |

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| **Return to**: David Richards, SPARC, Progress House, 35A Adswood Lane East, Stockport, SK2 6RE.  Email: [david@sparc4me.org.uk](mailto:david@sparc4me.org.uk) Fax: 0161 476 6429. **(marked – private and confidential)** |

**Updated: 27/07/21**