

Chill & Chat Mondays **with Erin & Kaz**

Every Monday 1pm-3pm
starting on Monday 6th January

At The Learning Room
Stonemill Terrace
Lancashire Hill,
Stockport
SK5 7SA

A new wellbeing group with a focus on positive thinking,
with optional take home activities.

For people to connect and improve their wellbeing whilst
getting any support and guidance that they might need.

Come for a brew, chat and cake

