









# GM LGBTQ+

## ONLINE DEMENTIA SUPPORT GROUP

A safe and friendly space to express yourselves and support each other:

-  Speak or listen in a LGBTQ+ safe space
-  Be anonymous if you prefer
-  Make friends / connections with others
-  Talk about issues that are important to you
-  Guest speakers
-  Fun monthly quiz

Join our online peer support group for people living with or caring for someone with dementia, who identify as LGBTQ+ (lesbian, gay, bisexual, trans, queer). We are here to provide you anonymity in a friendly and safe environment where you can share your experiences or concerns with like-minded people.

**FIRST TUESDAY OF THE MONTH**

**2PM - 3.30PM**

**Zoom Meeting**

<https://zoom.us/j/93789107813pwd=MIJKQ1VIU20vS29RWVd4SE13Qkj1UT09>

Meeting ID: 937 8910 7813

Passcode: pqzBR2

FOR MORE INFORMATION

**0161 622 9252 | [Maggie.Hurley@ageukoldham.org.uk](mailto:Maggie.Hurley@ageukoldham.org.uk)**

If you are from the LGBTQ+ community and would like some advice on any other services or would like to speak to someone please contact the LGBT Foundation on 0345 330 3030

Supported by:

