



Skills for life

# April/May 2023

<b>Woodworking</b>	06/04/23 to 27/04/23	10am – 2pm	Over three sessions you'll learn how to cut, join and finish wood on a variety of different projects – for absolute beginners.
<b>Food Hygiene Level 2</b>	20/04/23	9.15am – 4.30pm	Essential for anyone who prepares, cooks and serves food to the public, this accredited course looks great on your CV.
<b>Mental Health First Aid</b>	02/05/23	09.30am – 4pm	Learn all about mental health and how to support people who are struggling, on this practical, accredited course.
<b>Intro to Photography</b>	03/05/23 to 07/06/23	9.30am – 12.30pm	Over six sessions, learn about different types of photography including still life, landscape, portrait and more. Whether you've got a flashy camera or a smartphone, this course is for you.
<b>Greenfingers</b>	13/05/23	10am – 1pm	Learn all about seed sowing with lots of practical tips and tricks for budding gardeners.

To book a space, email  
[customer.training@stockporthomes.org](mailto:customer.training@stockporthomes.org)  
 or call 0161 474 2862