





Skills for life

February 2023

	Emergency First Aid at Work	06/02/23	9.30am – 4pm	Essential skills and knowledge for saving lives
	Greenfingers: Nearly Spring	18/02/23	10am – 1pm	Beginners gardening; getting ready for growing
	Intro to Woodworking	23/02/23	10am – 2pm	Learn basic skills, preparing timber, using tools, etc.
	Operation Greenfingers	25/02/23	10am – 1pm	Ex-forces only: introduction to gardening
	Seasonal Cooking	27/02/23 - 20/03/23	12.30pm – 3pm	Learn how to cook tasty, nutritious meals on a budget

To book a space, email customer.training@stockporthomes.org or call 0161 474 2862