



Skills for life

# Laughter Workshops

🕒 Tuesdays 30 May – 13 June 2023 (1pm – 3pm)

📍 Cornerstone, 2 Edward Street, SK1 3NQ

*Gentle activities to get us laughing together!*

*Laughter helps us be happier, healthier, and calmer, so let's playfully see if we can find different ways of facing life's challenges.*

To book a space, email  
[customer.training@stockporthomes.org](mailto:customer.training@stockporthomes.org)  
or call 0161 474 2862