## Skills for life
# Mental Health First Aid

🕐 **2 April 2026 (*9.30am – 4pm*)**

📍 **Cornerstone, 2 Edward Street, SK1 3NQ**

*Learn how to identify, understand and help someone who may be experiencing a mental health issue.*

To book a space, email
**customer.training@stockporthomes.org**
**or call 0161 474 2862**

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