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Stockport County Community Foundation





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Our SK Memories Dementia Friendly Group is on every Wednesday in Cheadle Hulme

crafts and chair based activities with **ABL** Health

This will be a mix of memory activities,

It's also a great opportunity to just socialise and make new friends 😊

These sessions are completely FREE and are be on between 10 and 12, every Wednesday at Ladybridge Connect, Meadway Road, Cheadle Hulme

Tea, coffee and refreshments will be provided

If you would like to enquire about booking for yourself or someone else,



