

you are not alone

# Snowdrops

RUN BY MUMS, FOR MUMS



Stockport Snowdrops  
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## WHAT IS SNOWDROPS?

Snowdrops is a free, drop-in play group for mums and children...

Between 0 and 4 years old.

You can join us for a brew, and chat through anything on your mind.

We're here to support each other and help fellow mums through any depression, anxieties, or worries they're facing.

In short, snowdrops is a place to get reassurance for those bad days we all go through and enjoy the good days too!



## WHEN AND WHERE?

Wednesdays

12:45 till 14:15pm

Term time only.

THE GUYWOOD CENTRE.

GUYWOOD LANE

ROMILEY

SK6 4AN

Any Questions?

Call Vicky

07745862557

