

# Stockport Without Abuse Children's and Young People's Services



## Prevention



### Me2 Programme

Me2 is a free programme facilitated by the CYP Prevention Worker, offered to all Primary Schools across Stockport and aims to help children process feelings, cope with changes in families, deal with anger safely and create positive relationships.

- Me2 Groups are 8 sessions for KS1 and KS2 children who have experienced any form of domestic abuse.
- Me2 Workshops are one off 2 hour sessions for whole KS2 classes.

### Reach

In partnership with Stockport Council Sex and Relationship Education (SRE) team, Reach is a free group programme for year 8 and year 9 pupils to support young people to understand positive relationships and safer sex.

**For more info, contact [info@stockportwithoutabuse.org.uk](mailto:info@stockportwithoutabuse.org.uk)**

## YPVA



The Young Person Domestic Violence and Safe Choice Advisor (YPVA) provides free, confidential, trauma-informed 1-1 support for young people aged 13 to 19 who are directly experiencing domestic abuse in their intimate relationships.

Young people will be supported to keep themselves safe and to end the cycle of abuse.

The YPVA also works alongside local high schools and colleges to provide domestic abuse awareness training and support.

Support is confidential and non-judgemental.

**For more info, contact [info@stockportwithoutabuse.org.uk](mailto:info@stockportwithoutabuse.org.uk)**

## Refuge



SWA provide specialist support for children and young people (CYP) who live in our refuge accommodation including:

- A dedicated CYP Refuge Worker who delivers 1-1 and small group support sessions.
- Two CYP and Family Play and Therapy Workers who deliver practical and therapeutic tea time and weekend children and parent sessions.
- A Trainee Art Therapist based in the refuge once a week.

In addition, SWA have a CYP Community Worker who provides domestic abuse support to CYP who reside in community accommodation.