

Men & Women Welcome

AAP KA SAHARA MEMORY CAFE

Drop in support session for those struggling with their memory.

- Meet up & Socialise
- Memory stimulating activities
- Chair Based exercise
- Light refreshments



29TH APRIL | 27TH MAY | 24TH JUNE | 29TH JULY
TIME: 10.30-12.30PM

At Cheadle Masjid - Upstairs: Abdullah & Hasan Rooms - Lift available