

MAKE A DIFFERENCE SHINE YOUTH GROUP



A group for young disabled people aged 14+

Wednesday's
6.30pm - 8.30pm

Jain Centre, 667-669
Stockport Road, M12
4QE

Cost: £5 per person

We are a social group with a difference: Offering additional needs young people the chance to make new friends, learn new things and build independence.

The SHINE group runs every Wednesday with lots on offer including arts and crafts, inclusive sport activities and fun ways to enhance life skills such as budgeting and meal planning! Food on offer every session.



ARTS & CRAFTS

Interested in finding out more?

Contact Sena to register for future sessions.

Email: sena@learn-ahimsa.com

Call / Texts:
07856 534960

