

you are not alone

# Snowdrops

RUN BY MUMS, FOR MUMS



Stockport Snowdrops  
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## WHAT IS SNOWDROPS?

Snowdrops is a free, drop-in play group for mums and children...

Between 0 and 4 years old.

You can join us for a brew, and chat through anything on your mind. We're here to support each other and help fellow mums through any depression, anxieties, or worries they're facing. In short, snowdrops is a place to get reassurance for those bad days we all go through and enjoy the good days too!



## WHEN AND WHERE?

Wednesdays  
12:45 till 14:15pm  
Term time only.

THE GUYWOOD CENTRE.  
GUYWOOD LANE  
ROMILEY  
SK6 4AN

Any Questions?  
Call Vicky  
07745862557

