## STARTING POINT

# COMMUNITY LEARNING PARTNERSHIP MOINTSLETTER





COMMUNITY

FEBRUARY 2022

Jan 2022

## **Community Voices**

Woodley SK6 1RJ



Proud to reinvest 100% of our profits into community activity



We are looking at ways we can share local stories including a new and exciting project run by local young people.

#### Share your story with us

It could be a story about you, about our community or local area, how life has changed for you during Covid or something else entirely.

#### Get involved

If you would like to know more, or to share your story, please contact Dan@startpoint.org.uk



No agenda, just a comfortable space to come and have a chat with neighbours and strangers.

Thursdays 10am to 12pm Fridays 1pm to 4pm Start Point Coffee Shop Woodley

PUBLIC LIVI<mark>NG ROOM</mark>

We still have spaces available for our new Get Online @ the Right Time course!

Sessions are taking place face to face, at both the Cornerstone Building and Start Point Coffee Shop in Woodley, starting in February and March 2022!

If you are eligible for work, you are welcome to join us!

## GET ONLINE @ THE RIGHT TIME COMPUTER CLASSES

Learn digital skills for work, to help you find work, or go on to further study.



You will learn about:

Presenting yourself when communicating

- Social media and job hunting
- · Choosing your words writing skills in an online world
- Skills to help you create a CV and send to potential employers European Union



8 taught sessions and access to other online courses

**Wednesdays** 2/2/22 - 23/3/22 ~11-12 noon. Start Point Coffee Shop - Community room

Thursdays 24/2/22 – 7/4/22 ~11-12noon Cornerstone (Stockport Homes building)

Thursdays 10/3/22 – 28/3/22 ~2 -3pm Cornerstone (Stockport Homes building) New classes starting soon!



Contact us

James@startpoint.org.uk



On this course you will explore:

- Factors impacting health and well-being in communities
- · 5 ways to wellbeing
- Impact of power and influence on individuals' health and wellbeing
- Actions we can take to raise awareness of health issues.
- Your next steps as a Community Champion.





SCAN ME



"It widened my understanding of how many people are working on community projects and organisations. I really liked the framework, it made me think about ways to develop change. I enjoyed the discussions about power, they gave me a better understanding about society and empowering people."

#### **Training Participant**

"I loved the training. I learned a lot and cannot wait to put it into practice. The listening exercise made me reflect on how I have been listening to others and sometimes not hearing them. Also, I found the power session very interesting as I can see the how it translates into my community."

**Training Participant** 

Book using the QR code or link below: www.tinyurl.com/43ywb5yd

## Wednesday 9th February 6pm - 8pm Start Point Coffee Shop, Woodley Pav whát vou

### Fifty Shades of Clay

Never mind the season of love.

Why not come and get your hands dirty at an uncensored pottery evening!?

Jeni from Lemon Studio Ceramics will be leading the session and teaching you how to hand-build your own cheeky pot!

> Join us for a giggle and let your mind wander for a couple of hours!

Limited spaces Booking is essential! Scan the code or email Rachael@startpoint.org.uk to secure your place



SCAN ME

#### **DIGITAL CHAMPION TRAINING**

Would you like to help people get online and feel more confident using a computer?

Talk to us if you are interested

in volunteering as a Digital

champion!

Useful for anyone who helps out

computers or to get online.





Scan the QR code or email hello@startpoint.org.uk to book your place



John & Harry

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8am to 9am

School term days

Free breakfast

for school aged children

Start Point Coffee Shop

2pm - 3pm

16th

February

2022

A romantic special singalong

at Start

**Point Coffee** 

Shop

Woodley

Training via Zoom on the first Wednesday of every month

## Are you... benefits? tax credits?

can

baffled by confused by

not sure about national insurance?

We're here to help!

Are you eligible for Child Tax Credit, Working Tax Credit or Child Benefit, or do you need help understanding your National Insurance or tax status?

We can provide **free**, **impartial and confidential advice**, so you can access these services independently and with confidence.

Contact us to book a free personal appointment.



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COMPUTER

**G**LASSÈ**s** 

Tuesday

10 -11am and

11am -12pm

Coffee Shop.

Thursdays

Bridgehall

community

Collecting interest for

centre

this class

Start Point

SK6 1RJ



Carl@startpoint.org.uk 07938 543 390

'After having Carl's help, I feel more confident about what to do about tax and my pension. I know what websites to use next time".





York Street

Get online @ the right time Thursdays Starting 10th March

Coffee Morning

Zoom

11-12noon 2 - 3pm Cornerstone Stockport Homes Building Homes Building



Wednesdays

11-12 noon

Start Point

Starting 2nd February

## Want to know more about what we do? Get in touch...



hello@startpoint.org.uk



startpoint.org.uk





facebook.com/startingpointstockport



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