

# STEP TOGETHER

CONNECT - ENGAGE - EMPOWER



WHAT WE DO  
& WHO WE SUPPORT

WHY IT WORKS

WORK WITH US

# WHAT WE DO



## Connect – Engage – Empower

We connect, engage and empower people, and we aim to transform lives through volunteering.

We do this by providing intensive one-to-one coaching to help individuals develop the self-belief, personal skills and attitudes to take control and move forwards with their lives.

We motivate and inspire individuals to volunteer in their communities, helping them to feel valued as contributing members of society and to build new social networks.

We find tailored volunteering placements to match the individual's needs, interests and ambitions.

Working through a team of outreach workers, we provide tailored one-to-one support to help individuals into volunteering placements, and continue to provide support throughout our programmes.

Our aim is that through our volunteering programmes, individuals are able to develop the personal and practical skills required to build a more positive future.

We don't have a time limit for our support. We take time and work flexibly to meet the needs of each individual.

# WHO WE SUPPORT



We work across England and Scotland, with a focus on helping those most in need of support. This includes:

## YOUNG PEOPLE

Young people leaving care; recovering from drug and alcohol misuse; young carers; at risk of homelessness and/or offending; or those who have experienced domestic violence and abuse; refugees and asylum seekers.

## EX-OFFENDERS

Adults who face significant challenges as a result of; critical injury and trauma; leaving the criminal justice system; drug and alcohol misuse; long-term unemployment; mental ill-health; homelessness; isolation and disengagement with society.

## WIS VETERANS & MILITARY

We help over 300 wounded, injured and sick (WIS) service personnel, veterans and their families each year across the UK to rebuild their lives. Their recovery and rehabilitation are made possible by actively engaging in community volunteering projects all over the UK.

# WHY IT WORKS



- We provide intensive one-to-one coaching to help individuals develop the self-belief, personal skills and attitudes to take control and move forwards with their lives.
- We motivate and inspire individuals to volunteer in their communities, helping them to feel valued as contributing members of society and to build new social networks.
- We find tailored volunteering placements to match the individual's needs, interests and ambitions.

**1** Personalised, client-led support

**3** Recognising value and potential

**2** Addressing barriers

**4** Positive and purposeful activity

## KEY SKILLS OUR CLIENTS GAIN

### Personal skills

Improved self-awareness, emotional intelligence and resilience, and ability to communicate effectively with others

### Life skills

Improved ability to take ownership of decisions and practical steps to access services to enhance lives

### Attitudes

More positive attitude, more confidence, and greater sense of responsibility as a member of community

### Employability

Improved ability to move into paid employment or education



## MESSAGE FROM CEO

Step Together Volunteering was founded on the belief that volunteering and social action have the power to transform individuals and communities. Now focusing on some of the most marginalised people in the UK, we use volunteering as a tool to unlock our clients' potential; to help them develop personal and practical skills and build supportive networks.

Together with intensive one to one support, we “step together” with our clients to help them make positive and sustainable changes in their lives to reach their goals. We believe passionately in each person's right to affect positive change for themselves and for their communities, regardless of their history or background, and that communities are stronger and more resilient when they are inclusive.

Using a relational, person-centred approach, we support our clients to develop personal agency, to engage meaningfully with other agencies and services and to build a better, brighter future for themselves.



*Anna-Clare Temple*

## FIND OUT MORE

To learn more about our services, how you can make a referral or how you can support our work, please do visit our website or contact us at [admin@step-together.org.uk](mailto:admin@step-together.org.uk) so we can put you in touch with the appropriate Volunteer Project Manager in your area.

## FIND US ON SOCIAL



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### MAIN OFFICE

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