








Stockport Groups for people living with dementia, their families, carers and friends. *Please contact the provider for further information. i.e. to check availability/cost. **Please do not just turn up as some groups are full.

Day	Activity	Venue	Time	Contact	
Monday Free to attend	Monday drop-in group Primark Stockport A friendly group that meets in the café. Drinks can be bought from the cafe	Primark Merseyway Shopping Centre Princess Street Stockport.	2pm–3pm	Gill Oakes 01625 871 837 Please contact before attending	
Monday	Deckchair Care welcome café Come and join us for some fun, rest and relaxation	Elm Road Church Halls Elm Road Gatley SK8 4LY	1pm-3pm	Contact Deckchair Care 0161 327 2894	
Monday Free to attend	Memories Lane Café Come along and enjoy complimentary coffee and cake. Chat with friends old and new and join in with fun activities	Bramhall Methodist church	Every Monday 2-4pm	Able Care Living 0161 204 7968	
Monday Free to attend	Upper Room drop-in café Drop-in session to support each other, offer guidance and meet new people. Drinks can be bought from the cafe	Upper Rooms café 11 Wilmslow Rd Cheadle SK8 1DW	Every Monday 11am- 1pm	Contact the Wellbeing Network team on 0161 804 4416	
Tuesday Free to attend	Dementia Social Café A friendly get together for people with dementia, their family, carers and friends. drinks can be bought from the cafe.	Cornerstone café 2 Edward Street Stockport SK1 3NQ	Every Tuesday 10am- 12pm	Stockport Homes Contact Tracey on 0161 474 3417	
Wednesday £5 per couple	Poynton Golden Memories Group Group run by carers of loved ones living with dementia. Peer support, laughter, enjoyment, lunch, refreshments, activities, singing, crafts	The Main Hall, Poynton Civic Centre, Off Park Lane, Poynton, Cheshire SK12 1RB.	11am- 3pm	Judy Hatton- 01625 879376 Pauline Winfield – 01625 879273 /	
Wednesday £4.00 per person, this includes lunch	RE: DISH Dementia Friendly Café A friendly get together for people with dementia, their family, carers and friends. Price includes lunch	The Tapestry@St Agnes Church, Off Gorton Rd, North Reddish. SK5 6RA	12pm – 2pm	Contact Alison on 07540 792409	

Wednesday	Alzheimer's Society Singing for the Brain A friendly get together for people with dementia, carers, friends; sing along to your favourite songs. No singing ability required	Ada Kay Centre, 2a Annable Road, Bredbury, Stockport, SK6 2DD	Fortnightly starting 10 th Nov, Full at present, please see Thursday group	Alzheimer's Society 0161 477 6999	
Thursday Free to attend, buy own meal	Chip n Chat	The Friary, Castle Street Edgeley (Small plates available)	Every Thursday 12-1.30pm	Home Instead 0161 480 0646	
Thursday £2.50 per session	Singing for Memory A new group to meet and sing with people in a fun and social environment for anyone living with memory loss	Offerton Community Centre, Mallowdale Road, Offerton, SK2 5NX	Fortnightly starting 23/9/21 11.30am-1pm	Louise Evans 07875 990222	
Thursday Free to attend Drinks can be bought from the café	ROMILEY Drop in Café Nibble & Natter For people living with dementia, their family, carers & friends.	Romiley Life Centre, 3 Stockport Rd, Romiley. SK6 4BN	3pm – 4pm	Margaret 0161 406 6729	
Friday Free to attend Hot & cold drinks from the bar	The MARPLE Drop In. A friendly group organised by Dementia Friendly Marple and EDUCATE	Marple Cricket Club, Bowden Lane, Marple. SK6 6LJ	11:30am – 1:30pm	info@marple-dementia-dropin.org 0161 414 0160	
Friday THIS GROUP IS FULL. CONTACT ALZHEIMER'S SOCIETY FOR WAITING LIST**	Friday Drop in HEATON MOOR A friendly get together for people with dementia, their family, carers and friends operated by Dementia Friendly Heaton's	Heaton Moor United Church, Stanley Road, Heaton Moor. SK4 4HL	1:30pm – 3:30pm	c/o Alzheimer's Society 0161 477 6999	