

# Stockport Lived Experience Panel

**WE WANT TO IMPROVE THE SERVICES WE PROVIDE. THAT'S WHY WE ARE LOOKING TO DEVELOP A LIVED EXPERIENCE PANEL THAT WILL WORK ALONGSIDE US WHEN DEVELOPING IMPROVEMENTS.**

## What do we mean by lived experience?

- People with experience of living with, or caring for someone with health/care issues.
- People with perspective and experience of our services.

## What experience do you need?

You will have recent experience of the health and social care system, whether this is as a service user, family member, or carer.

## What do lived experience panel members do?

- Take an active role alongside staff in improving quality of services.
- Participate in quality improvement training provided.
- Promote and deliver a person centered approach to all quality improvement.
- Ensure the person, carer and family perspective is integral in all quality improvement work.
- Take an active role in quality improvement activities.

## What we offer you?

We can offer the following opportunities: Provide you with structured support to be successful in your role. Support you to develop your leadership skills, influencing and decision making skills, particularly at the strategic level. Provide you with individual support in the form of mentor (buddy).

## Quality Improvement Training

We Provide you with Quality improvement training, we will listen to you and respond. Be honest and open when we are unable to meet deadlines. Provide reasonable expenses.

## What will you do?

Work on the frailty Programme with Stockport NHS and be supported by Healthwatch Stockport

