

We are excited to announce our first free
pre menopause/menopause workshop!

Claire Dugdale from Menopause Experts Group
will be coming along to share tips and advice on menopause

Free lunch will be provided

Thursday 9th June 11am-3pm

Adswold young peoples centre

Neston grove

Sk38ph

Places are limited to book a place email jan@sktogether.org

Menopause
Experts

Award-winning trusted
resources, products &
education for women &
corporations globally.

