



Stockport Mind Carers Choir

Carers Choirs provide respite, much-needed peer support, confidence, fun, and access to information and services.

We are proud to now be offering Stockport's only Carers Choir.

We provide a Mental Health Carers Support Service already, but this Choir is open to all Carers, regardless of the primary reason for your caring role.

So if you are a Carer supporting someone who could not manage without your help, and would like to get involved and be part of this exciting new group, why not join us? **Drop-in**, no need to book.

Where? Stockport Masonic Guildhall, 169-171 Wellington Rd S, Stockport SK1 3UA

When? Every Thursday, 11:30am-1:00pm. First session on 18/11/21.

For more information before attending, please get in touch.

Car park on site costs £1.50 and bus stops are right outside (192).

Stockport Mind
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