

ONE STOCKPORT Family Hubs

Supporting children's health, development and play

Start Well Week of Action

From 23rd June the Start Well team have organised a week full of insightful events, resources, and activities for parents, caregivers, and professionals under the theme of using 'Little Moments Together' to encourage children's learning, growth, and connection.

Sessions for professionals include: The Solihull Approach, Invest in Play, Portage, Family Foundations, Watch Me Play and Makaton. See what's lined up on the [Professionals calendar](#).

Follow the [Start Well Family Hubs Facebook](#) or check the [Start Well Events calendar](#) for details of events, resources, and activities to share with families. These include sessions on: Exploring new foods, toilet training, physical development in the early years, transition from nursery to school and Learning from home tips for parents.

Further resources:

- [Parenting support - Stockport Council](#)
- Support for children and young people with special educational needs and disabilities (SEND), their families and carers: [Stockport SEND Local Offer](#)
- [Online directory](#) for local support and things to do in the community
- [Essential Parent](#): A library of information, videos and resources to support parents of children of all ages
- [In our place](#): Free online courses and resources for all Stockport families.

Have you tried the Family Hubs app yet?

We recently launched the One Stockport Family Hubs app, a free resource to support families in our community. It offers expert advice, local information, and personalised support for parents, parents-to-be, and carers. Check out its features, including the 'Share' function with QR codes for easy sharing and downloading. Your experience with the app will help you recommend it to the families you work with. [Download the app](#)

More support from [Family Hubs](#).

