Comedy 58 Walk

Come and share your funny stories, jokes and tales. Join us on a side-splitting stroll around some of the most fascinating places in Stockport and beyond.

This walk is suitable for reasonably fit people and pushchairs if they can be lifted over occasional obstructions. It may include unsurfaced rural paths, with some sustained ascents or descents. If in doubt about your fitness level, contact the walk leader in advance, or please take a look at the other wellbeing walk options available (Mooch & Mingle, all abilities welcome.)

Please dress in accordance to the weather, some areas of the route will be muddy if it is wet weather. Trainers are suitable on dry days. Make sure to bring your own refreshments. Would you like to assist on the walk? We are looking for volunteers to become Walking Champions get in touch for more details.

For further information, please contact:

steven.delahunt@jigsawhomes.org.uk Steven Delahunt: 07827360498

> We meet: **12:00pm until 4:00pm** (week 1) - **Reddish Vale Country Park Thursday's fortnightly** (week 2) - TBC by walk leader



Greater Manchester

The Prevention Alliance Creating Change Together