



TECHNO FIT

— WITH AUTISK —

**WANT TO HAVE FUN AND EXERCISE AT THE SAME TIME?
USING VR HEADSETS ALONGSIDE GAMING CONSOLES TO
KEEP FIT AND HAVE FUN, AVAILABLE FOR EVERYBODY
NO MATTER ABILITY OR AGE!**

£5 PER FAMILY

ADSWOOD YOUTH CENTRE

NESTON GROVE

SK3 8PH



SATURDAYS DURING TERM TIME

3.30PM - 5.30PM

TO BOOK YOUR FAMILY ON PLEASE

EMAIL AUTISK17@GMAIL.COM

LIMITED PLACES AVAILABLE