

The Together Centre Charity provides meaningful support services for local Families and Communities within a thriving Community Hub, and our ambition is to support and encourage empowering positive outcomes whilst demonstrating inclusive and equal participation. 2020 and 2021 has been challenging for us all. The ongoing crisis has brought fear, hardship, and sorrow for many. Here at The Together Centre, we have been working hard to deliver our services in new ways to continue to support our Friends at a time when it is needed most.

Throughout February we are delivering new and exciting Workshops and Events – Can we help you or would you or someone you know, like to take part?

Monday	Tuesday	Wednesday	Thursday	Friday	Saturday	Sunday
31st 9.30 – 2.30 Allotment and Gardening Activity Workshop. FREE 10.00 – 11.00 Sing-along to Gentle Armchair Exercise. £3.00	1st 10.00 – 11.30 Winter Walks and Hot Chocolate. FREE 7.00 – 8.00 Ladies Boxing. £5.00	2nd 10.00 – 12.00 Allotment and Gardening Activity Workshop. FREE 12.00 – 2.00 Talking Teacups Bingo with a Two Course Warming Lunch.	3rd 10.00 – 11.00 Sing-along to Gentle Armchair Exercise. £3.00 11.00 – 1.00 Winter Crafts with a Two Course Warming	4th 10.00 – 11.00 Kurling and Boccia Sport Activities. £3.00 11.00 – 12.00 Two Course Warming Lunch Home Delivery	5th 10.00 – 12.00 Children's Minibeast Wellbeing Session FREE	6th 4.30 – 6.30 Hula Hoop Class. £5.00
4.30 – 6.30 Children's Forest Friends Activity Workshop £5.00		FREE	Lunch. FREE 6.00 – 7.00 Strongology Fitness Session £5.00	2.00 – 3.00 Mediation and Relaxation Therapy Session £3.00 4.30 – 6.30		
7 th	8th	9th	10th	Together Tribe Youth Club. £4.00	12th	13th
9.30 – 2.30 Allotment and Gardening Activity Workshop. FREE	10.00 – 11.30 Winter Walks and Hot Chocolate. FREE	10.00 – 12.00 Allotment and Gardening Activity Workshop. FREE	10.00 – 11.00 Sing-along to Gentle Armchair Exercise. £3.00	10.00 – 11.00 Kurling and Boccia Sport Activities. £3.00	10.00 – 12.00 Children's Minibeast Wellbeing Session FREE	4.30 – 6.30 Hula Hoop Class. £5.00

10.00 11.00	7.00 0.00	9.00 – 3.00	11.00 1.00	44.00 42.00	I	
10.00 – 11.00 Sing-along to	7.00 – 8.00 Ladies Boxing.	NHS Health	11.00 – 1.00 Winter Crafts	11.00 – 12.00 Two Course		
Gentle Armchair	£5.00	Check Drop-In	with a Two	Warming		
Exercise.	15.00	Session.	Course	Lunch Home		
£3.00		FREE	Warming	Delivery		
15.00		TILL	Lunch.	FREE		
			FREE	FREE		
			FREE			
4.30 - 6.30		12.00 – 2.00	6.00 – 7.00	11.30 - 1.00		
Children's		Talking Teacups	Strongology	Valentine's		
Forest Friends		Bingo with a Two	Fitness Session	Day Afternoon		
Activity		Course Warming	£5.00	Tea. Booking		
Workshop		Lunch.	15.00	Essential		
£5.00		FREE		Essential		
13.00		TREE		2.00 – 3.00		
				Mediation and		
				Relaxation		
				Therapy		
				Session.		
				£3.00		
				15.00		
				4.30 - 6.30		
				Together Tribe		
				Youth Club.		
				£4.00		
14 th	15th	16th	17th	18th	19th	20th
9.30 - 2.30	10.00 - 11.30	10.00 - 12.00	10.00 - 11.00	10.00 - 11.00		4.30 - 6.30
Allotment and	Winter Walks and	Allotment and	Sing-along to	Kurling and		Hula Hoop
Gardening	Hot Chocolate.	Gardening	Gentle	Boccia Sport		Class.
Activity	FREE	Activity	Armchair	Activities.		£5.00
Workshop.		Workshop.	Exercise.	£3.00		
FREE		FREE	£3.00			
10.00 - 11.00	7.00 – 8.00	12.00 – 2.00	11.00 - 1.00	11.00 - 12.00		
Sing-along to	Ladies Boxing.	Talking Teacups	Winter Crafts	Two Course		
Gentle Armchair	£5.00	Bingo with a Two	with a Two	Warming		
Exercise.		Course Warming	Course	Lunch Home		
£3.00		Lunch.	Warming	Delivery		
		FREE	Lunch.	FREE		
			FREE			
4.30 – 6.30			6.00 – 7.00	2.00 – 3.00		
Children's			Strongology	Mediation and		
Forest Friends			Fitness Session	Relaxation		
Activity			£5.00	Therapy		
Workshop				Session.		
£5.00				£3.00		
				4.30 - 6.30		
				Together Tribe		
				Youth Club.		
				£4.00		
21 st	22nd	23 rd	24th	25th	26th	27 th
9.30 – 2.30	10.00 – 11.30	10.00 - 12.00	10.00 - 11.00	10.00 - 11.00		9.30 - 11.30
Allotment and	Winter Walks and	Allotment and	Sing-along to	Kurling and		Craft Market
Gardening	Hot Chocolate.	Gardening	Gentle	Boccia Sport		/ Tabletop
Activity	FREE	Activity	Armchair	Activities.		Sale.
Workshop.		Workshop.	Exercise.	£3.00		FREE
FREE		FREE	£3.00			
1	1	1		1	1	

10.00 - 11.00	12.00 - 1.00	12.00 - 1.00	12.00 - 1.00	12.00 - 1.00	 (£5.00 for
Sing-along to	Family Two	Family Two	Family Two	Family Two	Stall Holders)
Gentle Armchair	Course Warming	Course Warming	Course	Course	
Exercise.	Lunch with	Lunch with	Warming	Warming	4.30 - 6.30
£3.00	Children's	Children's	Lunch with	Lunch with	Hula Hoop
	Activities	Activities	Children's	Children's	Class.
	FREE	FREE	Activities	Activities	£5.00
	Booking	Booking	FREE	FREE	
	Essential.	Essential.	Booking	Booking	
			Essential.	Essential.	
12.00 - 1.00	7.00 – 8.00	12.00 – 2.00	11.00 - 1.00	11.00 – 12.00	
Family Two	Ladies Boxing.	Talking Teacups	Winter Crafts	Two Course	
Course	£5.00	Bingo with a Two	with a Two	Warming	
Warming Lunch		Course Warming	Course	Lunch Home	
with Children's		Lunch.	Warming	Delivery	
Activities		FREE	Lunch.	FREE	
FREE			FREE		
Booking					
Essential.					
4.30 - 6.30			4.15 - 5.45	2.00 - 3.00	
Children's			Children's	Mediation and	
Forest Friends			Dance and	Relaxation	
Activity			Musical	Therapy	
Workshop			Theatre	Session.	
£5.00			Academy	£3.00	
			Contact Vicky		
			07447002935		
			to Book.		
			6.00 - 7.00	4.30 - 6.30	
			Strongology	Together Tribe	
			Fitness Session	Youth Club.	
			£5.00	£4.00	

We are now also very excited for the doors to be open to our 'Together Cafe' right in the heart of Dukinfield, welcoming you with deliciously home cooked food containing fresh ingredients from our very own Together Allotments. You can enjoy our special dish of the day or if you fancy that little something lighter - A Jacket, Deli Sandwich, or Fresh Salad! Just ask and we can accommodate to your dietary needs. It's been a difficult 18 months however the menu is outstanding, and our food hall looks just beautiful - Open from 9.30 - 1.00pm!

If you or someone you know would like to find out more about any of our Workshops/Events or to book your place, please contact us on telephone number 0161 366 1987 or by email to Leanne.bold@thetogethercentre.org.uk.

Booking is required, and Together Centre Members receive a 15% Discount - Annual Membership is £10.00 per year.

Please contact Leanne to begin your Membership.

You can find us on Facebook: @TheTogetherCentre or via our webpage: www.thetogethercentre.org.uk

Are you looking for the perfect Venue to hold you Party, Celebration or Community Event? Hire our new refurbished hall and/or additional Rooms - £15.00 P/H

The Together Centre, 287 Birch Lane, Dukinfield SK16 5AU

