

## The Together Centre's February Schedule



The Together Centre Charity provides meaningful support services for local Families and Communities within a thriving Community Hub, and our ambition is to support and encourage empowering positive outcomes whilst demonstrating inclusive and equal participation. 2020 and 2021 has been challenging for us all. The ongoing crisis has brought fear, hardship, and sorrow for many. Here at The Together Centre, we have been working hard to deliver our services in new ways to continue to support our Friends at a time when it is needed most.

Throughout February we are delivering new and exciting Workshops and Events – Can we help you or would you or someone you know, like to take part?

Monday	Tuesday	Wednesday	Thursday	Friday	Saturday	Sunday
<p>31st <b>9.30 – 2.30</b> Allotment and Gardening Activity Workshop. FREE</p> <p><b>10.00 – 11.00</b> Sing-along to Gentle Armchair Exercise. £3.00</p> <p><b>4.30 – 6.30</b> Children's Forest Friends Activity Workshop £5.00</p>	<p>1st <b>10.00 – 11.30</b> Winter Walks and Hot Chocolate. FREE</p> <p><b>7.00 – 8.00</b> Ladies Boxing. £5.00</p>	<p>2nd <b>10.00 – 12.00</b> Allotment and Gardening Activity Workshop. FREE</p> <p><b>12.00 – 2.00</b> Talking Teacups Bingo with a Two Course Warming Lunch. FREE</p>	<p>3rd <b>10.00 – 11.00</b> Sing-along to Gentle Armchair Exercise. £3.00</p> <p><b>11.00 – 1.00</b> Winter Crafts with a Two Course Warming Lunch. FREE</p> <p><b>6.00 – 7.00</b> Strongology Fitness Session £5.00</p>	<p>4th <b>10.00 – 11.00</b> Kurling and Boccia Sport Activities. £3.00</p> <p><b>11.00 – 12.00</b> Two Course Warming Lunch <b>Home Delivery</b> FREE</p> <p><b>2.00 – 3.00</b> Mediation and Relaxation Therapy Session £3.00</p> <p><b>4.30 – 6.30</b> Together Tribe Youth Club. £4.00</p>	<p>5th <b>10.00 – 12.00</b> Children's Minibeast Wellbeing Session FREE</p>	<p>6th <b>4.30 – 6.30</b> Hula Hoop Class. £5.00</p>
<p>7th <b>9.30 – 2.30</b> Allotment and Gardening Activity Workshop. FREE</p>	<p>8th <b>10.00 – 11.30</b> Winter Walks and Hot Chocolate. FREE</p>	<p>9th <b>10.00 – 12.00</b> Allotment and Gardening Activity Workshop. FREE</p>	<p>10th <b>10.00 – 11.00</b> Sing-along to Gentle Armchair Exercise. £3.00</p>	<p>11th <b>10.00 – 11.00</b> Kurling and Boccia Sport Activities. £3.00</p>	<p>12th <b>10.00 – 12.00</b> Children's Minibeast Wellbeing Session FREE</p>	<p>13th <b>4.30 – 6.30</b> Hula Hoop Class. £5.00</p>

<p><b>10.00 – 11.00</b> Sing-along to Gentle Armchair Exercise. £3.00</p> <p><b>4.30 – 6.30</b> Children's Forest Friends Activity Workshop £5.00</p>	<p><b>7.00 – 8.00</b> Ladies Boxing. £5.00</p>	<p><b>9.00 – 3.00</b> <b>NHS Health Check Drop-In Session.</b> <b>FREE</b></p> <p><b>12.00 – 2.00</b> Talking Teacups Bingo with a Two Course Warming Lunch. <b>FREE</b></p>	<p><b>11.00 – 1.00</b> Winter Crafts with a Two Course Warming Lunch. <b>FREE</b></p> <p><b>6.00 – 7.00</b> Strongology Fitness Session £5.00</p>	<p><b>11.00 – 12.00</b> Two Course Warming Lunch <b>Home Delivery</b> <b>FREE</b></p> <p><b>11.30 – 1.00</b> <b>Valentine's Day Afternoon Tea. Booking Essential</b></p> <p><b>2.00 – 3.00</b> Mediation and Relaxation Therapy Session. £3.00</p> <p><b>4.30 – 6.30</b> Together Tribe Youth Club. £4.00</p>		
<p>14<sup>th</sup> <b>9.30 – 2.30</b> Allotment and Gardening Activity Workshop. <b>FREE</b></p> <p><b>10.00 – 11.00</b> Sing-along to Gentle Armchair Exercise. £3.00</p> <p><b>4.30 – 6.30</b> Children's Forest Friends Activity Workshop £5.00</p>	<p>15<sup>th</sup> <b>10.00 – 11.30</b> Winter Walks and Hot Chocolate. <b>FREE</b></p> <p><b>7.00 – 8.00</b> Ladies Boxing. £5.00</p>	<p>16<sup>th</sup> <b>10.00 – 12.00</b> Allotment and Gardening Activity Workshop. <b>FREE</b></p> <p><b>12.00 – 2.00</b> Talking Teacups Bingo with a Two Course Warming Lunch. <b>FREE</b></p>	<p>17<sup>th</sup> <b>10.00 – 11.00</b> Sing-along to Gentle Armchair Exercise. £3.00</p> <p><b>11.00 – 1.00</b> Winter Crafts with a Two Course Warming Lunch. <b>FREE</b></p> <p><b>6.00 – 7.00</b> Strongology Fitness Session £5.00</p>	<p>18<sup>th</sup> <b>10.00 – 11.00</b> Kurling and Boccia Sport Activities. £3.00</p> <p><b>11.00 – 12.00</b> Two Course Warming Lunch <b>Home Delivery</b> <b>FREE</b></p> <p><b>2.00 – 3.00</b> Mediation and Relaxation Therapy Session. £3.00</p> <p><b>4.30 – 6.30</b> Together Tribe Youth Club. £4.00</p>	19 <sup>th</sup>	<p>20<sup>th</sup> <b>4.30 – 6.30</b> Hula Hoop Class. £5.00</p>
<p>21<sup>st</sup> <b>9.30 – 2.30</b> Allotment and Gardening Activity Workshop. <b>FREE</b></p>	<p>22<sup>nd</sup> <b>10.00 – 11.30</b> Winter Walks and Hot Chocolate. <b>FREE</b></p>	<p>23<sup>rd</sup> <b>10.00 – 12.00</b> Allotment and Gardening Activity Workshop. <b>FREE</b></p>	<p>24<sup>th</sup> <b>10.00 – 11.00</b> Sing-along to Gentle Armchair Exercise. £3.00</p>	<p>25<sup>th</sup> <b>10.00 – 11.00</b> Kurling and Boccia Sport Activities. £3.00</p>	26 <sup>th</sup>	<p>27<sup>th</sup> <b>9.30 – 11.30</b> <b>Craft Market / Tabletop Sale.</b> <b>FREE</b></p>

<b>10.00 – 11.00</b> Sing-along to Gentle Armchair Exercise. £3.00	<b>12.00 – 1.00</b> <b>Family Two Course Warming Lunch with Children's Activities</b> <b>FREE</b> <i>Booking Essential.</i>	<b>12.00 – 1.00</b> <b>Family Two Course Warming Lunch with Children's Activities</b> <b>FREE</b> <i>Booking Essential.</i>	<b>12.00 – 1.00</b> <b>Family Two Course Warming Lunch with Children's Activities</b> <b>FREE</b> <i>Booking Essential.</i>	<b>12.00 – 1.00</b> <b>Family Two Course Warming Lunch with Children's Activities</b> <b>FREE</b> <i>Booking Essential.</i>	<i>(£5.00 for Stall Holders)</i>  <b>4.30 – 6.30</b> Hula Hoop Class. £5.00
<b>12.00 – 1.00</b> <b>Family Two Course Warming Lunch with Children's Activities</b> <b>FREE</b> <i>Booking Essential.</i>	<b>7.00 – 8.00</b> Ladies Boxing. £5.00	<b>12.00 – 2.00</b> Talking Teacups Bingo with a Two Course Warming Lunch. <b>FREE</b>	<b>11.00 – 1.00</b> Winter Crafts with a Two Course Warming Lunch. <b>FREE</b>	<b>11.00 – 12.00</b> Two Course Warming Lunch <b>Home Delivery</b> <b>FREE</b>	
<b>4.30 – 6.30</b> Children's Forest Friends Activity Workshop <b>£5.00</b>			<b>4.15 – 5.45</b> Children's Dance and Musical Theatre Academy Contact Vicky 07447002935 to Book.	<b>2.00 – 3.00</b> Mediation and Relaxation Therapy Session. £3.00	
			<b>6.00 – 7.00</b> Strongology Fitness Session £5.00	<b>4.30 – 6.30</b> Together Tribe Youth Club. £4.00	

We are now also very excited for the doors to be open to our 'Together Cafe' right in the heart of Dukinfield, welcoming you with deliciously home cooked food containing fresh ingredients from our very own Together Allotments. You can enjoy our special dish of the day or if you fancy that little something lighter - A Jacket, Deli Sandwich, or Fresh Salad! Just ask and we can accommodate to your dietary needs. It's been a difficult 18 months however the menu is outstanding, and our food hall looks just beautiful - Open from 9.30 - 1.00pm!

If you or someone you know would like to find out more about any of our Workshops/Events or to book your place, please contact us on telephone number 0161 366 1987 or by email to [Leanne.bold@thetogethercentre.org.uk](mailto:Leanne.bold@thetogethercentre.org.uk).

**Booking is required, and Together Centre Members receive a 15% Discount - Annual Membership is £10.00 per year. Please contact Leanne to begin your Membership.**

You can find us on Facebook: @TheTogetherCentre or via our webpage: [www.thetogethercentre.org.uk](http://www.thetogethercentre.org.uk)

**Are you looking for the perfect Venue to hold you Party, Celebration or Community Event? Hire our new refurbished hall and/or additional Rooms - £15.00 P/H**

The Together Centre, 287 Birch Lane, Dukinfield SK16 5AU



**Charity Number – 1173335**