

Update from Stockport Council to Sector 3 bulletin – 6th April

COVID-19 update

The Government has set out next steps for living with COVID-19. Free testing for the general public ended on 1 April. People at risk of serious illness from COVID-19, and eligible for treatments, will continue to get free tests to use if they develop symptoms, along with NHS and adult social care staff and those in other high-risk settings. Further information on the [Government's website](#).

Pop-up vaccination clinics are returning to Stockport from Monday, 4 April 2022, with a particular focus on booster vaccines for over 75s and those aged 12 years and over who have a weakened immune system. The Joint Committee on Vaccination and Immunisation (JCVI) advice is that people should get their booster around six months since the last dose for maximum protection against Covid-19. [Find out more](#).

Help us to improve mental health in Stockport: survey now closes 24 April

There's no health without mental health: we need your ideas on how we can improve mental health and wellbeing together in Stockport.

This video outlines our ideas for how we should go about improving mental health and wellbeing in all areas of life. Please watch the video, and let us know what you think in the survey:

<https://bit.ly/mhsurveystockport>



New Stockport Support Hub goes live

Stockport Support Hub will be the main front door into the following services:

- Your Support (delivered by The Prevention Alliance)
- Community Support (delivered by Pure Innovations)
- Home Support (delivered by Age UK and partners)
- Carers Support (delivered by Signpost for Carers and Stockport Mind)
- Transport Support (delivered by Stockport Car Schemes)
- Domestic Abuse Support (a new partnership delivered by Talk, Listen Change)

Your Support will be triaging referrals into the Hub and will direct people to the most appropriate services. To make a referral, or to find out more about these services, please go to [Stockport Support Hub](#).

New Stockport Drug and Alcohol Service

For adults aged 26 and over, who live in Stockport and who want support to address drug and alcohol issues. The new service includes prevention, early intervention, harm reduction, treatment and recovery as part of an integrated provision. To access adult drug and alcohol support call START on 0161 474 3141 or email: START@stockport.gov.uk.

New ABL Health for smoking cessation and adult and family weight management

Structured programmes and behaviour change support. Supply of appropriate aids around smoking cessation, for example, Nicotine Replacement Therapy and vaping kits. Multi-component weight management service including diet, physical activity and behaviour change techniques. To refer to this service call START on 0161 474 3141 or email: START@stockport.gov.uk.

Integrated Sexual Health service in Stockport

Locala CIC provides advice on all sexual health issues and conditions, plus contraception provision, treatment of STIs, condom distribution, and particular guidance and support for under 18s. For more information please visit www.locala.org.uk/services/sexual-health or ring 0161 549 6111.

Supporting Ukrainian families in Stockport

If you would like to volunteer your time to support our local response, you can register your interest by emailing: support@stockportvolunteerhub.org.uk.

Visit GOV.UK to [find out more about hosting Ukrainians in your home](#) or to find some of the most common queries and specific guidance which has been issued by the government for hosts: [Homes for Ukraine scheme: frequently asked questions](#).

Organisations raising funds to support people in the Ukraine:

- [Disasters Emergency Committee Ukrainian Appeal](#).
- [Greater Manchester Community response Fund](#)
- [Caritas: Ukrainian refugee crisis](#)
- [UK-Med](#)
- [Europaia](#)
- [Stockport Ukrainian Club](#): Contribute to the Stockport Ukrainian Club's Go Fund me page. Please note at this time they do not need any donations of clothes or other goods.

To find out [how to make a donation safely](#), visit GOV.UK.

Save the date - StockSport 2022 Family Fun Day – 26th June

Running Festival: choose from a first mile, 5k or 10k. To book your place visit <https://stocksport.niftyentries.com/StockSport-2022>

Cycling: watch top level cyclists take on the challenging British Cycling Criterium race through the town centre. There will also be a 'come and try it' race for those who just want to have a go round the circuit.

Event villages: Mountain Bike stunt displays, Life Leisure spin challenges, kids bike circuits, ABL and their Smoothie Bike, children's Town Centre trail, with fun things to spot and facts to find. New for this year: a space to try a wide range of fun and family friendly fitness classes for free.

We are also looking for volunteers and need around 50 - 75 enthusiastic volunteers to help out at this exciting event. To get involved contact sasha.moore@lifeleisure.net

For more information about what is happening on the day visit www.Stocksport.live

SEND Week of Action – 16th May 2022

Sessions to include: Parent Carer drop-in/webinars, School Transitions, Sensory Support – Hearing & Vision , Autism Information Session, Makaton Taster Session, What to expect if your child has SEND but is in a Mainstream School... Look out for more information in the next bulletin.