INTERNATIONAL DAY OF OLDER PERSONS WALK Friday 1st October 2021

BRINNINGTON WALK & LUNCH

12PM- 2PM.

Meet at Brinnington Leisure Centre, Northumberland Road SK5 8LS in the Community Room (left hand side).

The walk around Brinnington will be followed by a packed lunch made by Brinnington Pantry in the Community Room alongside hot drinks and cake.

WOODBANK WALK & REFRESHMENTS

2.30PM - 4PM.

Meet at Woodbank Park at the Turncroft Lane entrance SK1 4JR.

The walk around the park will be followed by hot drinks and cake in the Pure Innovations café.

To celebrate the International Day of Older Persons we are hosting two walks in Brinnington and Woodbank Park.

Whether you are a regular or a first time walker, the walks will be accessible for everybody to get involved with, including wheelchair users. Both walks will be free of charge and will be a fantastic way to celebrate people's contributions and achievements across Stockport. Come along by yourself or with friends and family and let us all celebrate together.



To book email info@ageukstockport.org.uk or call 0161 480 1211.

If you have any dietary requirements then please let us know when booking onto the walk. We look forward to seeing you there.