

As the Greater Manchester Community Coach for England netball, I would like to inform you of our plans to host a number of Parkinson's friendly taster sessions in the Greater Manchester area.

On **Thursday 2nd November 10.30-11.30** Stockport walking netball group will play host to our [Walking Netball](#) taster session at **Life Leisure Avondale, Heathbank Rd, Cheadle Heath, Stockport SK3 0UP**.

We would like to invite women with Parkinson's to come along and give the sessions a try for free. During the sessions, our England Netball Coaches and Walking Netball Hosts will be available to answer any questions regarding our netball programmes and sessions that are happening in your local area.

For more information or to book on to our taster sessions, please contact me [Danielle.Colebourne@englandnetball.co.uk](mailto:Danielle.Colebourne@englandnetball.co.uk)

If you're interested in trying walking netball but can't make it to this taster session then please also get in touch so we can look to arrange something in your local area.

We also run [Back to Netball](#) sessions which are evening sessions for women who haven't played for a long time or have never played at all and are complete beginners. If you are interested in these sessions, please get in touch too.

<https://www.englandnetball.co.uk/play/back-to-netball/>

<https://www.englandnetball.co.uk/play/walking-netball/>