**Stockport Progress And Recovery Centre**

Further Information

The centre is managed by a Management Committee including representatives from service user groups, volunteers and other local mental health voluntary organisations.

The staff team comprises; Manager (full time)

Deputy Manager (part time)

Social Worker and Counselling Lead (full time)

1 Senior Support Worker (part time)

3 Support Workers (part time)

Team of Bank Workers

Therapists

Peer Project Development Worker

Office Administrator (part time)

Admin Assistant (part time)

Cleaner (part time)

Team of volunteers

The centre also provides student placements

The working hours at SPARC are as follows:

**Monday** 9.30am to 4.30pm

**Tuesday** 9.30am to 4.30pm

**Wednesday** 9.30am to 4.30pm & 6.30pm to 9.30pm(Horizons)

**Thursday** 9.30am to 4.30pm

**Friday**  9.30am to 4.30pm

**Saturday**  Closed

**Sunday** 10.30am to 3.30pm

SPARC facilitates a broad range of groups and activities both within the centre and externally and we also provide one to one support.

SPARC is also the umbrella organisation for Horizons Social Group, MaaD (Peer Suicide Prevention Project), CafeSPARC, SPARC Counselling Service, SPARC hospital Inreach Service and SPARC4me Support.

The centre is a no smoking building.

Should you require any further information or clarification of any of the above points please contact Peter Sherry-Wooldridge at SPARC on 0161 429 9744