

Referral
Via a single point
of access



- Mental health needs
- Lonely and isolated
- Long term conditions
- Complex social needs

- Needs information
- Uncoordinated care planning
- Frail/Elderly
- Multiple appointments

- Low motivation
- One or more long term conditions
- Physical & mental health needs
- Low confidence

Link to

- voluntary sector
- community
- other statutory organisations
- wellbeing activities

Link to

- community services
- secondary care
- mental health teams

Link to

- confidence
- knowledge
- skills
- self-management
- behaviour change