

OCTOBER 2021 IS THE MONTH OF HOPE IN GREATER MANCHESTER, A MONTH ABOUT PROMOTING AND RAISING AWARENESS OF SUICIDE PREVENTION, ENCOURAGING PEOPLE TO HAVE OPEN CONVERSATIONS AND SHARE HOPEFUL MESSAGES.



**WE INVITE YOU TO BRING A TORCH, AND JOIN US FOR AN EVENING
"WALK AND TALK"
EVENT.**

**WHEN- SUNDAY THE 10TH OF OCTOBER
WHERE- MEET AT STOCKPORT TRAIN STATION
TIME- 6-30 PM - 8-30PM**

YOU ARE WELCOMETO JOIN US AT GRANDNASIUM GYM AFTER THE WALK TO HAVE A CHAT AND SHARE HOPEFUL MESSAGES.

PLEASE DRESS ACCORDINGLY REMEMBER TO BRING A DRINK AND A TORCH.